

# Shawl Instructions:

## Crochet

### Materials:

Crochet: Size 'M', 'N' or 'P' crochet hook

### Amount of yarn needed:

**740 yards for longer shawls and 60+ stitches**

- The cost of yarn is rising, be creative and use yarns that appeal to you and your price range.
- It has been suggested that skeins of the same dye lot be purchased.
- Note: that crocheting typically uses more yarn than knitting, so you might have to adjust the width and size of hook or use another 1/2 skein.

### Before You Begin:

Because this is a spiritual practice, before one begins the knitting (crochet) process, a blessing, prayer or wish can be said, dedicating the work of your hands and the intentions of the receiver. You may want to light a candle and play soft music to enhance your knitting time, remembering that this is a prayerful time. When working in a group, you may want to pass the work-in-progress around the circle, asking each person to add some stitches to the shawl, or to just hold it for a while to add their prayers, energy and good wishes.



**"Prayer Shawl – Crochet\* Pattern" © 2007 All rights reserved.**

**1998 - Written & Developed By Victoria Galo and Janet Bristow**

**It is important to us that the origins of this ministry be honored. The information on this site is provided freely for your personal use. If you would like to duplicate, distribute, or display any part of this material you must contact the Shawl Ministry first.**

**For personal use only - all copied material should be as is and have the Shawl Ministry web address ([www.shawlministry.com](http://www.shawlministry.com)) and credit given to its authors. © 2007**

- Chain 54 stitches or desired width of shawl.
- Chain 1, turn, single crochet in each of the stitches to end. Chain 3 and turn.
- Double crochet in top of each single crochet. Repeat this row 2 more times.
- Chain 1 and do 1 row of single crochet to end. Chain 3 and turn.
- Do 3 rows of double crochet. Repeat pattern to end (1 row single, 3 rows double)
- End with 1 row of single. Finish with fringe.

**\*Developed by Rita Glod**

### To Complete the shawl:

Crochet until the piece measures from wrist to wrist, or approximately 57-58" long. Use what you have left to cut \*fringe. Suggestion for fringe: you can also do this before using the last skein. Divide the pile in half and slip knot them to the ends, evenly spaced. If the yarn is manufactured loosely wound, you might have to knot the ends of the fringe to keep it from unraveling.

### Now that the shawl is completed:

You may want to add beads and/or charms to the fringe. They can be new or parts of old pieces of jewelry. They not only add beauty, but also can be used to inspire or aid meditation.

Before you give it away, say a blessing, prayer or wish over the shawl, keeping the receiver in mind. Another nice touch is enclosing a potpourri sachet scented with lavender oil, a calming aroma, or any essential oil that you like. It is also good to enclose an explanation and/or a blessing, prayer or wish for the receiver. For instance, if you choose a certain symbolic color for the yarn, beads or charms it's interesting and helpful to explain your reason.

The making of a prayer shawl is a spiritual practice which embodies our thoughts and prayers for the receiver. It is a gift freely given with no strings attached. Made in prayer, as prayer, for prayer, the shawls are passed on hand-to-hand and heart-to-heart. Putting a price on a shawl defeats the purpose of this ministry. May we suggest a better alternative? But, if someone offers to "buy" a shawl, you can state that; *"although the shawls aren't sold, a donation to our ministry is gratefully accepted in whatever dollar amount you feel comfortable in giving"*. These donations will allow your ministry to purchase more yarn and continue the 'ripple effect' of unconditional love!  
Blessings, Janet and Vicky

<http://www.shawlministry.com>